



MANAYUNK

SEPTEMBER 2019

SWEATFITNESS.COM

MON	TUE	WED	THU	FRI	SAT	SUN
PM	AM	PM	AM		AM	PM
7:00-8:00pm Spin and Sculpt Jennifer N.	6:00-6:45am SWEAT Cycling Debbie	7:00-8:00pm SWEAT Cycling Jazmin	6:00-7:00am SWEAT Cycling Debbie		9:30-10:30am SWEAT Cycling Maggie	
	PM	7:30-8:30pm Yoga	PM			
	6:00-7:00pm  Barre Aly	 7:30-8:30pm Jeni	6:30-7:30pm  Yoga Annie			
	7:00-8:00pm SWEAT Cycling Rachel		6:00-7:00pm SWEAT Cycling Annie			
	7:30-8:30pm Vinyasa Yoga Madison					

First time at Sweat?

Your first class is FREE! Please bring valid, local ID. Must be over 18 years of age.

Drop-ins: \$25.00 for non-members.

N New Instructor

 New Class

 New Time

 Paid Classes

QUEEN VILLAGE

700 EAST PASSYUNK
215.627.5600

SOUTH PHILLY

1509 EAST PASSYUNK
215.271.0303

OLD CITY

45 NORTH 3RD ST.
215.923.8763

ONE SOUTH BROAD

1 SOUTH BROAD ST.
215.564.0303

FITLER SQUARE

200 SOUTH 24TH ST.
215.351.0100

MANAYUNK

4151 MAIN ST.
215.487.7100