

# FREE CLASSES IN MARCH

CLASSES ARE FREE FOR NON-MEMBERS FOR THE MONTH OF MARCH

LOCAL ID REQUIRED. SEE CLUB FOR MORE DETAILS.

OLD CITY	SOUTH PHILLY	ONE BROAD	QUEEN VILLAGE	FITLER SQUARE	MANAYUNK	CONSHY
<p><b>MONDAY</b> 9:30-10:30am <b>Barre</b> Dominique</p>	<p><b>MONDAY</b> 7:30-8:30pm <b>Yoga</b> Lucy</p>	<p><b>TUESDAY</b> 6:30-7:30am <b>SWEAT Cycling</b> Laurice</p>	<p><b>MONDAY</b> 7:30-8:30pm <b>Yoga</b> Jann</p>	<p><b>TUESDAY</b> 6:30-7:30am <b>SWEAT Cycling</b> Rebecca</p>	<p><b>MONDAY</b> 6:00-7:00pm <b>Booty Builder &amp; All Abs</b> Malik</p>	<p><b>MONDAY</b> 5:00-5:30pm <b>All abs</b> Jocelyn</p>
<p><b>THURSDAY</b> 12:15-1:15pm <b>House Party Fitness</b> Jen</p>	<p><b>WEDNESDAY</b> 6:00-7:00pm <b>Zumba</b> Yvonne</p>	<p><b>WEDNESDAY</b> 7:00-8:00pm <b>HIIT</b> Orlin</p>	<p><b>TUESDAY &amp; THURSDAY</b> 6:00-7:00am <b>Ramp It Up</b> Maria/Mike</p>	<p><b>THURSDAY</b> 8:30-9:30am <b>Yoga</b> Justin</p>	<p><b>WEDNESDAY</b> 5:30-6:30pm <b>Steel Mace</b> Jamie</p>	<p>6:00-6:45pm <b>SWEAT Cycling</b> Stephen</p>
<p><b>FRIDAY</b> 5:30-6:30pm <b>Vinyasa &amp; Vino</b> MJ</p>		<p><b>THURSDAY</b> 6:00-7:00am <b>Intervals</b> Meghan</p>	<p><b>THURSDAY</b> 5:30-6:30pm <b>Yoga</b> Matt</p>	<p><b>FRIDAY</b> 1:30-2:30pm <b>Yoga</b> Amy</p>	<p>6:30-7:30pm <b>Sweat Dance Party</b> Alec</p>	<p><b>TUESDAY</b> 6:00-7:00pm <b>Turbo Kick</b> Kris</p>
		<p><b>SUNDAY</b> 9:00-10:00pm <b>Kickboxing</b> Laura</p>	<p>6:30-7:30pm <b>Zumba</b> Rachel</p>		<p><b>THURSDAY</b> 6:00-6:30pm <b>All Abs</b> Erika</p>	<p><b>WEDNESDAY</b> 6:15-7:00pm <b>Pound</b> Diane</p>
					<p>6:30-7:30pm <b>HIIT Intervals</b> Erika</p>	
<p><b>QUEEN VILLAGE</b> 700 PASSYUNK 215.627.5600</p>	<p><b>SOUTH PHILLY</b> 1509 E. PASSYUNK 215.271.0303</p>	<p><b>ONE SOUTH BROAD</b> 1 SOUTH BROAD ST. 215.564.0303</p>	<p><b>FITLER SQUARE</b> 200 S. 24TH ST. 215.351.0100</p>	<p><b>OLD CITY</b> 45 N 3RD ST. 215.923.8763</p>	<p><b>MANAYUNK</b> 4151 MAIN ST. 215.487.7100</p>	<p><b>CONSHOCKEN</b> 200 W. RIDGE 610.941.3600</p>