



QUEEN VILLAGE SCHEDULE

SWEATFITNESS.COM/SWEATX

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00-7:00am SweatX	6:00-7:00am SweatX	6:00-7:00am SweatX	6:00-7:00am SweatX	6:00-7:00am SweatX	11:00-12:00pm SweatX	
12:00-1:00pm SweatX	12:00-1:00pm SweatX	12:00-1:00pm SweatX	12:00-1:00pm SweatX	12:00-1:00pm SweatX		
6:00-7:00pm SweatX	6:00-7:00pm SweatX	6:00-7:00pm SweatX	6:00-7:00pm SweatX	6:00-7:00pm SweatX		

CLASS DESCRIPTION

SweatX is a small group-training program designed to take your athletic abilities to the next level. With the use of ropes, box jumps, kettle bells, ramps, barbells, interval training and more, you will see your body change in a matter of weeks. Classes can be modified to fit any level of fitness and our elite “X Instructors” are always there to help you with form and to make sure you are getting the most out of every workout.

MEMBERSHIP OPTIONS

SweatX 2x Per Week Membership: 2 SweatX classes per week, access to all Sweat locations and access to SweatX equipment when class is not in session.

SweatX Unlimited Membership: Unlimited SweatX classes, access to all Sweat locations and access to SweatX equipment when class is not in session.

Drop ins: drop in prices are available for class at \$25 per class.

FREE TRIAL

Come try SweatX for free before you join.

Visit our One South Broad or Queen Village location and hop in any class anytime.

New Clients Only.



MANAYUNK
4151 MAIN ST.
215.487.7100

CONSHOHOCKEN
200 W. RIDGE
610.941.3600

OLD CITY
45 N 3RD ST.
215.923.8763

QUEEN VILLAGE
700 PASSYUNK
215.627.5600

SOUTH PHILLY
1509 E. PASSYUNK
215.271.0303

FITLER SQUARE
200 S. 24TH ST.
215.351.0100

ONE SOUTH BROAD
1 SOUTH BROAD ST.
215.564.0303